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Unwasted is an incredible, entertaining, and illuminating book that simply made me 'happy' to have read it. It reads like a witty conversation, with amazing perceptions, and hidden truths revealed about the freshly sober thoughts of a great and fun writer.

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Both entertaining and informative, Scoblic offers a perspective as a recovering alcoholic and as someone who sees with fresh eyes the role alcohol plays in our everyday interactions.

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Amazon.com: Customer reviews: Unwasted: My Lush Sobriety

As a recovering drunk myself, I was especially interested in the new memoir, Unwasted: My Lush Sobriety by Sacha Z. Scoblic, a writer in Washington, DC, and a contributing editor to The New...

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Unwasted: My Lush Sobriety: Scoblic, Sacha Z ...
An Excerpt from Unwasted: My Lush Sobriety, A Memoir by
Sacha Z. Scoblic. by Caren on July 29, 2011. We're thrilled to
bring you a sneak peek of Sacha Z. Scoblic's memoir,
Unwasted: My Lush Sobriety (Citadel Press). Unlike most
"alcoholism" memoirs, which focus on the descent, Scoblic
navigates the tricky territory of pulling herself up after her

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An Excerpt from Unwasted: My Lush Sobriety, A Memoir by

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Unwasted My Lush Sobriety English Edition By Sacha Z Scoblic

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Departing from the usual, New York Times columnist Scoblic presents a memoir of her happy sobriety. The author's coming-of-age story follows her life on the wagon now, as well as dates with old John Barleycorn in the past. She tells of losing her sobriety and yielding, in her youth, to the likes of Jack Daniels, Johnnie Walker and Captain Morgan.

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Unwasted: My Lush Sobriety by Sacha Z. Scoblic, Paperback

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In Unwasted: My Lush Sobriety, she discovers that sobriety has its own strange trips. Memoirs about recovery travel a well-trodden path, but not many of them manage to be this piercing and ribald. Scoblic's memoir uncovers the everyday frustrations recovering alcoholics face as they negotiate a world saturated with their drug of choice.

Book Review - Unwasted: My Lush Sobriety by Sacha Scoblic

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Unwasted : my lush sobriety. [Sacha Z Scoblic] -- The author, who became sober after spending most of her life as a young

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urban professional woman under the influence, reveals how she learned to navigate through life alcohol-free and regained her ...

Unwasted : my lush sobriety (Book, 2011) [WorldCat.org]
Unwasted: My Lush Sobriety. Sacha Z Scoblic. \$20.99; Listen \$20.99; Listen Publisher Description. The single glass of wine with dinner . . . the cold beer on a hot day . . . the champagne flute raised in a toast . . . what I'd drink if Hunter S. Thompson wanted to get wasted with me . . . these are my fantasies lately.

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